

2008-09 PAC Swimming & Diving Release Week 11 - January 26



Presidents' Athletic Conference
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2008-09 PAC MEN'S STANDINGS (through January 25)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Grove City	2	0	1.00	8	2	.800
Washington & Jefferson	2	1	.667	6	3	.667
Westminster	1	1	.500	5	2	.714
Bethany	0	3	.000	0	7	.000
Saint Vincent*				5	2	.714

2008-09 PAC WOMEN'S STANDINGS (through January 25)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Grove City	3	0	1.00	8	3	.727
Washington & Jefferson	3	1	.750	11	1	.917
Westminster	2	1	.667	4	4	.500
Chatham	1	3	.250	7	3	.700
Bethany	0	4	.000	0	8	.000
Saint Vincent*				4	4	.500

* - NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

LAST WEEK

Saturday, January 24, 2009

Chatham 139, BETHANY 119* (W)
Denison 162, GROVE CITY 120 (M)
Denison 161, GROVE CITY 124 (W)
Saint Vincent 134, WV WESLEYAN 126 (M)
WV WESLEYAN 148, Saint Vincent 82*(W)
Wash. & Jeff. 134, P.S.-BEHREND 93 (M)
Wash. & Jeff. 117, P.S.-BEHREND 73 (W)
CARNEGIE MELLON 151, Westminster 111 (M)
CARNEGIE MELLON 153, Westminster 109 (W)

UPCOMING EVENTS

Tuesday, January 27, 2009

Westminster at Grove City* - 6 p.m.
Bethany at Frostburg State - 6 p.m.

Wednesday, January 28, 2009

Wash. & Jeff. at Saint Vincent* - 6 p.m.

Friday, January 30, 2009

Grove City at Pitt-Bradford (with Penn State-Behrend) - 6 p.m.

Saturday, January 31, 2009

Saint Vincent at Westminster* - 1 p.m.
Notre Dame (Md.) at Chatham - 1 p.m.
Urbana at Bethany - 1 p.m.
Wash. & Jeff. at Hiram - 1 p.m.

Men's Swimmer/Diver of the Week

**MICHAEL
BOUTWELL**

Wash. & Jeff.
Freshman
Winchester, Va.
John Handley H.S.



Boutwell set a new pool record while placing first in the 1650 freestyle (17:11.07) in W&J's 134-93 victory at Penn State-Behrend Saturday. He also captured the 200 butterfly (2:04.66) and swam the final leg of the Presidents' first-place 200 freestyle relay team (1:33.42).

Also nominated was senior **Caleb Courage** of Grove City, and senior **Conor Simpson** of Westminster.

Women's Swimmer/Diver of the Week

EMILY DRESSLER
Westminster

Junior
Hummelstown, Pa.
Mt. Calvary Christian H.S.



Dressler broke an 18-year-old school record Saturday, as she placed first in the 500 freestyle in 5:10.30 in the Titans' 153-109 loss at Carnegie Mellon. She also captured the 1650 freestyle at CMU in 18:00.16.

Also nominated was junior **Desiree Finley** of Bethany, freshman **Bethany Johnson** of Grove City, and freshman **Sarah Cull** of Washington & Jefferson.

PAC Swimming & Diving 2008-09 - Week 11 Conference Notes

CHATHAM GETS 1ST PAC WIN: All six PAC swimming & diving programs were in action on Saturday (January 24) ... The lone conference matchup was at Bethany, as Chatham earned its first league victory of the season with a 139-119 decision over the Bison ... In non-league action, W&J swept Penn State-Behrend, Saint Vincent split with D-II West Virginia Wesleyan, while Grove City and Westminster suffered non-league losses.

WHO'S HOT: **Carly Hicks** (100 & 200 back) and **Emily Price** (100 & 200 breast) were each triple winners for Chatham, as both swam on the victorious 400 medley relay ... Grove City senior **Caleb Courage** won the 100 free (45.68) and 100 fly (51.39) vs. Denison, while surpassing "B cut" times in the 200 free and 400 free relay ... Westminster senior **Conor Simpson** captured both the 100 (52.88) and 200 (1:58.20) butterfly events against Carnegie Mellon.

AROUND THE LEAGUE: The Saint Vincent men edged W.Va. Wesleyan by winning the final event (400 freestyle relay) by just .19 of a second ... Bethany junior **Desiree Finley** broke both school diving records against Chatham, as her 1-meter score (207.35) topped a seven-year old mark, while the 3-meter mark (215.70) smashed a record set in 1998 ... Freshman **Sarah Cull** swept the 500 (5:39.72) and 1650 (19:24.04) for W&J against Penn State-Behrend.

Bethany Bison
(M: 0-7, 0-3 PAC; W: 0-8, 0-4 PAC)



Only Bethany's women were in action last week, as they hosted Chatham Saturday ... The top story was junior **Desiree Finley**, who broke Bethany school records while taking first on both boards ... She totaled 207.35 in one-meter action to better the school mark which had stood since 2002 ... On the three-meter, Finley scored 215.70 to surpass the previous standard which had stood for more than 10 years ... In the pool, freshman **Lindsay Arnold** took first in the 200 butterfly (2:42.05) ... Earning second place finishes was **Sara Reass** in the 1,000 (12:32.18) and 500 (6:06.03), while third place went to **Jillian Zewe** in the 100 backstroke (1:12.26) and 200 backstroke (2:35.77) and **Kristen Zukoff** in the 50 freestyle (28.89) and 100 freestyle (2:35.77) ... Both Bison teams return to action this week in the final dual meets of the regular season, swimming at Frostburg State Tuesday before hosting Urbana Saturday.

Chatham Cougars
(W: 6-3, 0-3 PAC)



Chatham traveled to Bethany College for a dual meet and came away with a 139-119 victory ... Sophomore **Carly Hicks**, who spent the fall semester abroad, had a big day for the Cougars ... Hicks won the 100 and 200 backstroke, and was part of the winning 400 medley relay team ... First-year **Emily Price** added wins in the 100 and 200 breaststroke and also was part of the winning 400 medley relay team ... Chatham returns to action when the Cougars host Notre Dame College on Saturday, January 31.

Grove City Wolverines
(M: 8-2, 2-0 PAC; W: 8-3, 3-0 PAC)



The Grove City College swimming and diving teams had their respective lengthy win streaks come to an end Saturday against national powerhouse Denison ... The Grove City men had won eight straight while the women were on a five-meet run ... On the men's side, senior **Caleb Courage** won both the 100 freestyle and 100 butterfly ... He also provisionally qualified for the NCAA Championships in the 200 free with a time of 1:42.70 ... **Tim Whitbeck** won the 50 freestyle in 20.97 seconds ... Whitbeck, Courage, **Peter Larsen** and **Kirk Gagliardo** surpassed the "B" standard for the 400 free relay with a time of 3:05.45 ... **Bethany Johnson** swept both diving events for the women ... Tuesday night, Grove City will wrap up conference action against visiting Westminster ... Friday night, Grove City squares off against Pitt-Bradford and Penn State Behrend ... The regular season concludes Saturday with a non-conference dual meet against Wooster at 1 p.m.

Saint Vincent Bearcats
(M: 5-2; W: 4-4)



The Saint Vincent swim teams traveled to West Virginia Wesleyan on Saturday afternoon, with the men defeating the Division II squad 134-126 and the women falling 148-82 ... The men's contest came down to the day's final event, as SVC's 400 freestyle relay squad of **Jon Okonak**, **Kirk Selembo**, **Kyle Kuklewski**, and **Andre Maldonado** won with a time of 3:26.64, just .19 seconds faster than WV Wesleyan ... Okonak also picked up an individual win in the 200 freestyle (1:55.02), while **Matt Snelick** was victorious in the 200 breaststroke (2:26.53), **Zack Krejdovsky** the 500 freestyle (5:09.49), and **Eric Clouse** the 100 butterfly (55.74) ... The Lady Bearcats were led by freshman **Jess Kennedy**, who secured a first-place finish in the 200 freestyle (2:06.09) and a second-place time of 26.33 seconds in the 50 freestyle ... **Mandie West** was narrowly defeated in the 1000 freestyle, finishing with a second-place time of 11:48.33, while **Sarah Denning** set a personal-best time of 1:08.99 in the 100 backstroke, good for third place.

Washington & Jefferson Presidents
(M: 6-3, 2-1 PAC; W: 11-1, 3-1 PAC)



The Presidents swept a dual meet at Penn State-Behrend on Saturday and set a pair of pool records in the process ... The W&J women notched their 11th victory of the season, marking the fifth consecutive year they have achieved the feat ... Freshman **Michael Boutwell** earned a pool record during his first place finish in the 1650 freestyle (17:11.07) ... He also earned first place in the 200 butterfly (2:04.66) and swam the final leg on the first-place 200 freestyle relay (1:33.42) ... Freshman **Brittany Vogel** continued her record-breaking first season with the Presidents after being a part of three wins ... She set the pool record in the 200 backstroke (2:15.78), while also touching first in the 400 IM (4:53.86) ... Vogel opened the meet by helping the 200 medley relay to a win in 1:57.68 ... Sophomore **Brandon Smith** racked up three wins for the W&J men ... He swam the opening leg on the 200 medley relay win (1:41.70) and then won the 200 IM (2:03.56) and 500 freestyle (5:02.03) ... Freshman **Sarah Cull** garnered wins in both long distance freestyle events for the women, posting times of 5:39.72 in the 500 event and 19:24.04 in the 1650.

Westminster Titans
(M: 5-2, 1-1 PAC; W: 4-4, 2-1 PAC)



The Westminster College men's and women's swimming teams each lost at Carnegie Mellon on Saturday in a non-conference dual meet ... The men lost 151-111 and the Titan women lost 153-109 ... On the women's side, junior freestyler **Emily Dressler** broke an 18-year old school record ... Dressler's first-place time of 5:10.30 in the 500-yard freestyle beat **Maureen Deagen's** mark of 5:10.31 at the 1991 NAIA National Championships ... Dressler also won the 1650 freestyle with a time of 18:00.16 ... Senior **Megan Mier** captured the 100 butterfly with a time of 1:00.37 ... For the men, senior **Conor Simpson** won two events for the Titan men as he captured the 100 (52.88) and 200 (1:58.20) butterfly races ... Senior classmates **Stephen Burns** and **Chris Lehberger** helped Westminster capture three more events ... Burns won the 50 freestyle (21.59) and swam a leg of the 400 freestyle relay (3:15.20), while Lehberger took the 200 breaststroke (2:08.56).

Bethany Bison
M: 0-7, 0-3 PAC
W: 0-8, 0-4 PAC

MEN

Oct. 25 at Pitt-Bradford Relays 5th/5
 Nov. 1 PENN ST-BEHREND L 24-153
 Nov. 8 at Hiram L 52-115
 Nov. 15 at Westminster* L 18-91
 Dec. 6 PENN ST.-ALTOONA L 21-144
 Dec. 10 GROVE CITY* L 46-69
 Jan. 14 WASH. & JEFF.* L 59-98
 Jan. 17 at Saint Vincent* L 57-114
 Jan. 28 at Frostburg State 6 p.m.
 Jan. 31 URBANA 2 p.m.
 Feb. 12-14 - PAC Championships (GCC)

WOMEN

Oct. 25 at Pitt-Bradford Relays 5th/5
 Nov. 1 PENN ST-BEHREND L 89-123
 Nov. 8 at Hiram L 117-147
 Nov. 15 at Westminster* L 69-107
 Dec. 6 PENN ST.-ALTOONA L 97-122
 Dec. 10 GROVE CITY* L 79-98
 Jan. 14 WASH. & JEFF.* L 93-117
 Jan. 17 at Saint Vincent* L 114-123
 Jan. 24 CHATHAM* L 119-139
 Jan. 28 at Frostburg State 6 p.m.
 Jan. 31 URBANA 2 p.m.
 Feb. 12-14 - PAC Championships (GCC)

Chatham Cougars
W: 7-3, 1-3 PAC

WOMEN

Oct. 18 at Saint Vincent* W 92-38
 Oct. 18 vs. PS-Altoona W 107-23
 Oct. 25 JUNIATA W 139-94
 Oct. 31 at Westminster Relays 4th/6
 Nov. 1 WESTMINSTER* L 121-162
 Nov. 8 WASH. & JEFF.* L 131.5-152.5
 Nov. 8 SLIPPERY ROCK W 204-75
 Nov. 8 FROSTBURG ST. W 224-45
 Nov. 15 at Grove City* L 95-194
 Nov. 15 vs. Hiram (at GCC) W 149-134
 Jan. 9 at Agnes Scott Invit. 1st/5
 Jan. 17 at Penn St.-Behrend cancelled
 Jan. 24 at Bethany* W 139-119
 Jan. 31 NOTRE DAME (MD) 6 p.m.
 Feb. 12-14 - PAC Championships (GCC)

Grove City Wolverines
M: 8-2, 2-0 PAC
W: 8-3, 3-0 PAC

MEN

Oct. 25 at Clarion Fall Classic 1st/4
 Nov. 1 at Carnegie Mellon L 125-174
 Nov. 15 HIRAM W 152-114
 Nov. 21 SAINT VINCENT* W 160-108
 Nov. 22 at CWRU Quad 3-0
 Nov. 25 ALLEGHENY W 152-127
 Dec. 5-6 LONGNECKER INVIT. 1st/7
 Dec. 10 at Bethany* W 69-46
 Jan. 17 at Wash. & Jeff.* W 156-137
 Jan. 24 DENISON L 120-162
 Jan. 27 WESTMINSTER* 6 p.m.
 Jan. 30 at Pitt-Bradford 5 p.m.
 Jan. 31 at Wooster 1 p.m.
 Feb. 12-14 - PAC CHAMPIONSHIPS

MEN

Oct. 25 at Clarion Fall Classic 1st/6
 Nov. 1 at Carnegie Mellon L 121-178
 Nov. 15 CHATHAM* W 194-95
 Nov. 15 HIRAM W 191-99
 Nov. 21 SAINT VINCENT* W 153-75
 Nov. 22 at CWRU Quad 2-1
 Nov. 25 ALLEGHENY W 159-139
 Dec. 5-6 LONGNECKER INVIT. 1st/8
 Dec. 10 at Bethany* W 98-79
 Jan. 17 at Wash. & Jeff.* W 162-138
 Jan. 24 DENISON L 124-161
 Jan. 27 WESTMINSTER* 6 p.m.
 Jan. 30 at Pitt-Bradford 5 p.m.
 Jan. 31 at Wooster 1 p.m.
 Feb. 12-14 - PAC CHAMPIONSHIPS

Saint Vincent Bearcats
M: 5-2
W: 4-4

MEN

Oct. 18 P.S.-ALTOONA W 155-100
 Oct. 25 at Wheeling Jesuit L 124-138
 Nov. 8 P.S.-BEHREND W 144-115
 Nov. 15 MOUNT UNION W 135-127
 Nov. 21 at Grove City* L 108-160
 Dec. 4-6 at Wooster Invitational 10th/11
 Jan. 17 BETHANY* W 114-57
 Jan. 24 at W.Va. Wesleyan W 134-126
 Jan. 28 WASH. & JEFF.* 6 p.m.
 Jan. 31 at Westminster* 1 p.m.
 Feb. 12-14 - PAC Championships (GCC)

WOMEN

Oct. 18 CHATHAM* L 38-92
 Oct. 18 P.S.-ALTOONA W 82-43
 Oct. 25 at Wheeling Jesuit W 131-96
 Nov. 8 P.S.-BEHREND W 139-103
 Nov. 15 MOUNT UNION L 99-150
 Nov. 21 at Grove City* L 75-153
 Dec. 4-6 at Wooster Invitational 10th/11
 Jan. 17 BETHANY* W 123-114
 Jan. 24 at W.Va. Wesleyan L 82-148
 Jan. 28 WASH. & JEFF.* 6 p.m.
 Jan. 31 at Westminster* 1 p.m.
 Feb. 12-14 - PAC Championships (GCC)

Wash. & Jeff. Presidents
M: 6-3, 2-1 PAC
W: 11-1, 3-1 PAC

MEN

Nov. 5 FROSTBURG ST. W 136-85
 Nov. 15 BALDWIN-WALLACE W 160-131
 Nov. 19 WESTMINSTER* W 154-140
 Nov. 22 at CWRU Quad 1-2
 Dec. 5-6 at GCC Longnecker Invit. 2nd/7
 Jan. 14 at Bethany* W 88-59
 Jan. 17 GROVE CITY* L 138-162
 Jan. 24 at Penn St.-Behrend W 134-93
 Jan. 28 at Saint Vincent* 6 p.m.
 Jan. 31 at Hiram 1 p.m.
 Feb. 12-14 - PAC Championships (GCC)

WOMEN

Nov. 5 FROSTBURG ST. W 129-89
 Nov. 8 at Chatham* W 152.5-131.5
 Nov. 8 vs. Slippery Rock W 189-80
 Nov. 8 vs. Frostburg State W 192-61
 Nov. 15 BALDWIN-WALLACE W 148-113
 Nov. 19 WESTMINSTER* W 154-140
 Nov. 22 at CWRU Quad 3-0
 Dec. 5-6 at GCC Longnecker Invit. 2nd/8
 Jan. 14 at Bethany* W 117-93
 Jan. 17 GROVE CITY* L 137-156
 Jan. 24 at Penn St.-Behrend W 117-73
 Jan. 28 at Saint Vincent* 6 p.m.
 Jan. 31 at Hiram 1 p.m.
 Feb. 12-14 - PAC Championships (GCC)

Westminster Titans
M: 5-2, 1-1 PAC
W: 4-4, 2-1 PAC

MEN

Oct. 25 at Clarion Fall Classic 3rd/4
 Oct. 31 WC RELAY CARNIVAL 1st/5
 Nov. 8 at Allegheny W 131-74
 Nov. 15 BETHANY* W 91-18
 Nov. 19 at Wash. & Jeff.* L 140-154
 Nov. 22 at Wooster W 152-132
 Dec. 4-6 at Wooster Invitational 3rd/11
 Jan. 7 at Rollins W 146-108
 Jan. 17 MOUNT UNION W 106-87
 Jan. 24 at Carnegie Mellon L 111-151
 Jan. 27 at Grove City* 6 p.m.
 Jan. 31 SAINT VINCENT* 1 p.m.
 Feb. 12-14 - PAC Championships (GCC)

WOMEN

Oct. 25 at Clarion Fall Classic 3rd/6
 Oct. 31 WC RELAY CARNIVAL 3rd/6
 Nov. 1 at Chatham* W 163-121
 Nov. 8 at Allegheny L 80-125
 Nov. 15 BETHANY* W 107-69
 Nov. 19 at Wash. & Jeff.* L 140-154
 Nov. 22 at Wooster L 123-139
 Dec. 4-6 at Wooster Invitational 5th/11
 Jan. 7 at Rollins W 151-103
 Jan. 17 MOUNT UNION W 106-88
 Jan. 24 at Carnegie Mellon L 109-153
 Jan. 27 at Grove City* 6 p.m.
 Jan. 31 SAINT VINCENT* 1 p.m.
 Feb. 12-14 - PAC Championships (GCC)