



SWIMMING & DIVING 2006-07

Presidents' Athletic Conference

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PRESIDENTS' ATHLETIC CONFERENCE (PAC) 2007 MEN'S & WOMEN'S SWIMMING & DIVING CHAMPIONSHIPS GCC/PAC Invitational - Grove City College - Grove City, Pa. - Feb. 8-10, 2007

FINAL PAC Men's Team Standings

1. Westminster College (WES)	964.5
2. Grove City College (GRO)	926
3. Washington & Jefferson College (W&J)	503.5
4. Saint Vincent College (SVC)*	200
5. Bethany College (BET)	132

* - Ineligible for PAC title

FINAL PAC Women's Team Standings

1. Westminster College (WES)	865
2. Washington & Jefferson College (W&J)	708.5
3. Grove City College (GRO)	446.5
4. Saint Vincent College (SVC)*	223
5. Chatham College (CHA)*	163
6. Bethany College (BET)	107

2007 MEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 1

EVENT	1st Place (All-PAC 1st Team)	2nd Place (All-PAC 2nd Team)	3rd Place (All-PAC Hon. Ment.)
200 Freestyle	Grove City (Tim Whitbeck, Mitch Young, Drew Snyder., Peter Larsen) 1:23.67	Westminster (Steve Burns, Brett Gerthoffer, Pat Smith, Tom Benoit) 1:26.21	W&J (Zach Nigrelli, Mark Sirkoch, Josh Wilder, Aaron DiNardo) 1:27.59
500 Freestyle	Chip Cressman , Fr., GRO 4:40.83 - C	Dan Mancuso , So., W&J, (Tie) 4:43.56	Zac Gebhardt , So., WES (Tie 2nd) 4:43.56
200 Individual Medley	Andrew Gilbert , Sr., GRO 1:57:20	Peter Larsen , So., GRO 1:58.46	Adam Rady , Sr., WES 1:58.59
50 Freestyle	Caleb Courage , Jr., GRO 20.41 - ACP - (20.22 prelim)	Tim Whitbeck , So., GRO 20.60	Ryan Trunk , Sr., WES 21.08
3-Meter Diving	Joe Riddell , Jr., GRO 444.95	Kyle Grubbs , Fr., GRO 397.20	Luke Morgan , Fr., W&J 371.40
400 Medley Relay	Westminster (Pat Smith, Chris Lehberger, Conor Simpson, Ryan Trunk) 3:26.56 - PC	Grove City (Caleb Courage, Andrew Gilbert, Peter Larsen, Tim Whitbeck) 3:26.92	W&J (Ed Werner, Daniel Martin, Dan Mancuso, Josh Wilder) 3:38.75

2007 WOMEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 1

200 Freestyle	W&J (Kaitlyn Orstein, Susanne Seward, Brandi Shoupe, Jessica Wightman) 1:38.64	Grove City (Jane Wilson, Liza McRuer, Whitney Baur, Ellen Keefer) 1:39.80	Westminster (Emily Dressler, Becky Giles, Emily Staniszewski, Megan McLaughlin) 1:40.77
500 Freestyle	Britt Thomas , Sr., WES 5:18.44	Alicia Sutton , So., W&J, 5:19.91	Ashley Linnelli , Jr., WES 5:24.38
200 Individual Medley	Kaitlyn Orstein , Jr., W&J 2:03.66 - A	Becky Giles , Jr., WES 2:10.32	Megan Mier , So., WES 2:12.87
50 Freestyle	Jane Wilson , Fr., GRO 24.04	Megan McLaughlin , Sr., WES 24.89	Ellen Keefer , Jr., GRO 24.94
1-Meter Diving	Desiree Finley , Fr., BET 304.00	-----	-----
400 Medley Relay	Westminster (Natalie Rambish, Caitlin McManus, Becky Giles, Emily Dressler) 4:04.11	W&J (Brittany Bertoli, Megan Raddatz, Brandi Shoupe, Alicia Sutton) 4:11.56	Grove City (Alysse Brannon, Virginia Larsen, Jane Wilson, Ellen Keefer) 4:14.55

A - NCAA Division III automatic qualifier

C - PAC conference record

P - Grove City pool record

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2007 MEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 2

INDIVIDUAL/RELAY RESULTS (continued)

<u>EVENT</u>	<u>1st Place (All-PAC 1st Team)</u>	<u>2nd Place (All-PAC 2nd Team)</u>	<u>3rd Place (All-PAC Hon. Ment.)</u>
200 Medley Relay	Grove City (Caleb Courage, Andrew Gilbert, Peter Larsen, Tim Whitbeck) 1:33.32 - PC	Westminster (Chris Lehberger, Pat Smith, Adam Rady, Ryan Trunk) 1:35.63	W&J (Ed Werner, Daniel Martin, Zach Nigrelli, Mark Sirkoch) 1:38.35
1000 Freestyle	Seth Senior , So., WES 9:49.09 - C	Zac Gebhardt , So., WES 9:49.52	Mark Barron , So., GRO 10:07.08
400 Individual Medley	Chip Cressman , Fr., GRO 4:08.52	Pat Smith , Sr., WES 4:14.60	Dan Mancuso , So., W&J 4:15.02
100 Butterfly	Conor Simpson , So., WES 51.64	Peter Larsen , So., GRO 52.41	Adam Rady , Sr., WES 52.44
200 Freestyle	Caleb Courage , Jr., GRO 1:40.86	Ryan Trunk , Sr., WES 1:41.83	Tom Benoit , Jr., WES 1:44.91
100 Breaststroke	Chris Lehberger , So., WES 58.21	Andrew Gilbert , Sr., GRO 58.29	A.J. Yarzebinski , So., WES 59.59
100 Backstroke	Pat Smith , Sr., WES 52.57	Ed Werner , So., W&J 54.55	Chip Hothem , Sr., WES 54.79
800 Freestyle Relay	Grove City (Chip Cressman, Drew Snyder, Mark Barron, Caleb Courage) 6:55.76 - PC	Westminster (Brett Gerthoffer, Conor Simpson, Tom Benoit, Ryan Trunk) 6:57.42	W&J (Ed Werner, Zach Nigrelli, Mark Sirkoch, Dan Mancuso) 7:18.35

2007 WOMEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 2

<u>EVENT</u>	<u>1st Place (All-PAC 1st Team)</u>	<u>2nd Place (All-PAC 2nd Team)</u>	<u>3rd Place (All-PAC Hon. Ment.)</u>
200 Medley Relay	W&J (Brittany Bertoli, Kaitlyn Orstein, Brandi Shoupe, Susanne Seward) 1:49.56	Westminster (Natalie Rambish, Caitlin McManus, Amy Wirtz, Megan McLaughlin) 1:52.03	Grove City (Alysse Brannon, Virginia Larsen, Kiersten Bower, Jane Wilson) 1:56.31
1000 Freestyle	Britt Thomas , Sr., WES 10:54.60	Alexis England , Fr., W&J 11:11.09	Alicia Sutton , So., W&J 11:11.12
400 Individual Medley	Kaitlyn Orstein , Jr., W&J 4:28.98 - A	Becky Giles , Jr., WES 4:39.45	Natalie Rambish , Fr., WES 4:49.79
100 Butterfly	Brittany Bertoli , So., W&J 1:00.24	Brandi Shoupe , Sr., W&J 1:00.79	Jane Wilson , Fr., GRO 1:02.75
200 Freestyle	Megan McLaughlin , Sr., WES 1:57.96	Ellen Keefer , Jr., GRO 1:58.40	Alicia Sutton , So., W&J 1:59.28
100 Breaststroke	Caitlin McManus , So., WES 1:09.44	Monica Hall , Fr., WES 1:10.06	Emily Staniszewski , Sr., WES 1:11.15
100 Backstroke	Natalie Rambish , Fr., WES 59.46 - PC	Megan Mier , So., WES 1:00.44	Maile Kirkpatrick , Fr., WES 1:02.29
800 Freestyle Relay	W&J (Kaitlyn Orstein, Alicia Sutton, Megan Duffett, Brandi Shoupe) 7:59.07	Westminster (Emily Dressler, Becky Giles, Maile Kirkpatrick, Megan McLaughlin) 8:00.28	Grove City (Whitney Baur, Rachel Johnson, Whitney Fairchild, Ellen Keefer) 8:22.73

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2007 MEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 3

INDIVIDUAL/RELAY RESULTS (continued)

<u>EVENT</u>	<u>1st Place (All-PAC 1st Team)</u>	<u>2nd Place (All-PAC 2nd Team)</u>	<u>3rd Place (All-PAC Hon. Ment.)</u>
1650 Freestyle	Chip Cressman , Fr., GRO 16:20.41	Zac Gebhardt , So., WES 16:28.47	Seth Senior , Jr., WES 16:37.72
200 Backstroke	Pat Smith , Sr., WES 1:53.57 - C	Chip Hothem , Sr., WES 1:57.89	Lee Knight , Sr., WES 1:59.35
100 Freestyle	Caleb Courage , Jr., GRO 44.77 - A	Ryan Trunk , Sr., WES 45.14 - A	Tim Whitbeck , So., GRO 46.48
200 Breaststroke	Chris Lehberger , So., WES 2:08.21	A.J. Yarzebinski , So., WES 2:08.29	Andrew Gilbert , Sr., GRO 2:08.98
200 Butterfly	Dan Mancuso , So., W&J 1:57.00	Nick Barker , Jr., GRO 1:58.12	Conor Simpson , So., WES 1:58.66
3-Meter Diving	Joe Riddell , Jr., GRO 454.85	Kyle Grubbs , Fr., GRO 382.70	Luke Morgan , Fr., W&J 346.60
400 Freestyle Relay	Grove City (Tim Whitbeck, Chip Cressman, Peter Larsen, Caleb Courage) 3:05.00	Westminster (Steve Burns, Brett Gerthoffer, Tom Benoit, Ryan Trunk) 3:09.70	W&J (Ed Werner, Zach Nigrelli, Aaron DiNardo, Dan Mancuso) 3:13.92

2007 WOMEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 3

1650 Freestyle	Britt Thomas , Sr., WES 18:24.43	Alexis England , Fr., W&J 18:55.72	Megan Raddatz , Fr., W&J 18:58.67
200 Backstroke	Megan Mier , So., WES 2:07.84	Natalie Rambish , Fr., WES 2:09.67	Maile Kirkpatrick , Fr., WES 2:15.56
100 Freestyle	Jane Wilson , Fr., GRO 53.32 - C	Ellen Keefer , Jr., GRO 53.85	Megan McLaughlin , Sr., WES 55.10
200 Breaststroke	Kaitlyn Orstein , Jr., W&J 2:21.34 - ACP	Caitlin McManus , So., WES 2:29.64	Megan Raddatz , Fr., W&J 2:33.39
200 Butterfly	Brittany Bertoli , So., W&J 2:10.49	Becky Giles , Jr., WES 2:11.95	Ashley Linnelli , Jr., WES 2:17.86
1-Meter Diving	Desiree Finley , Fr., BET 355.15	Lindsey Biddle , Sr., W&J 334.05	---
400 Freestyle Relay	W&J (Alicia Sutton, Megan Duffett, Susanne Seward, Kaitlyn Orstein) 3:37.85	Westminster (Becky Giles, Megan Mier, Emily Dressler, Megan McLaughlin) 3:40.62	Grove City (Jane Wilson, Liza McRuer, Whitney Baur, Ellen Keefer) 3:40.74

A - NCAA Division III automatic qualifier

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P - Grove City pool record

2007 PAC Men's Swimming Most Valuable Performer: Caleb Courage, Jr., (Grove City)

2007 PAC Men's Swimming Coach of the Year: Rob Klamut (Westminster)

2007 PAC Women's Swimming Most Valuable Performer: Kaitlyn Orstein, Jr., (Washington & Jefferson)

2007 PAC Women's Swimming Coach of the Year: Mike Orstein (Washington & Jefferson)