

2009-10 PAC Wrestling Release

Week 3 - November 23



Presidents' Athletic Conference
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2009-10 PAC STANDINGS (through November 22)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Washington & Jefferson	0	0	.000	1	0	1.00
Waynesburg	0	0	.000	1	0	1.00
Thiel	0	0	.000	2	2	.500

LAST WEEK

Tuesday, November 17, 2009

MOUNT UNION 22, Thiel 14

Thursday, November 19, 2009

Washington & Jefferson 18, SCRANTON 13

Saturday, November 21, 2009

Messiah, York, Baldwin-Wallace at Waynesburg Quad - Ind. only

Washington & Jefferson at Springfield Invitational - 14th/18 teams

THIS WEEK

No matches

NEXT WEEK

Friday, December 4, 2009

Penn State-Dubois at Washington & Jefferson - 8 p.m.

Saturday, December 5, 2009

Thiel, Waynesburg at RIT Invitational

PAC Wrestler of the Week

ALEX CROWN
Waynesburg

Freshman
125 pounds
Carlisle, Pa.
Carlisle H.S



Crown went a perfect 3-0 at Waynesburg's home quad match this past week. After beating Messiah's Andrew Clark by 18-1 technical fall, he upended Baldwin-Wallace's Jeremy Dombrady 4-2 and ended the day with an 8-0 major decision win over York's Aaron Repman.

Also nominated was sophomore 125-pounder **Zach Cecchetti** of Washington & Jefferson.

2009-10 PAC Wrestlers of the Week

Nov. 9 - Nick Garber, 141-lbs., WAY
Nov. 16 - Tyler Berger, 141-lbs., W&J
Nov. 23 - Alex Crown, 125-lbs., WAY
Nov. 30
Dec. 7
Jan. 4
Jan. 11
Jan. 18
Jan. 25
Feb. 1
Feb. 8

PAC Wrestling 2009-10 - Week 3 Conference Notes

NEWS & NOTES: Waynesburg's wrestling squads are featured in both the individual and team rankings by the National Wrestling Coaches Association ... The Yellow Jackets' **Nick Garber** is listed as the No. 5 141-pounder in all of D-III ... The Waynesburg team is ranked No. 26 ... Waynesburg also has four wrestlers ranked by D3 Wrestle.com, including Garber, **Corbin Simple**, **Rico Borz** and **Jesse Byerly**.

AROUND THE LEAGUE: W&J's squad picked up its first victory of the 2009-10 season on Thursday, defeating Scranton by a margin of 18-13 ... Sophomore 125-pounder **Zach Cecchetti** helped W&J defeat Scranton with a pin fall and paced the Presidents with a fifth place finish at Springfield, going 4-2 on the afternoon with three falls ... Thiel's **Rob Miller** earned the Tomcats' first win of the day at 133 lbs., defeating Colin Dennis, 11-10.

Thiel Tomcats
(2-2, 0-0 PAC)



The Thiel wrestling team dropped a, 22-14, decision in an intersectional match at Mount Union last Tuesday ... Thiel's **Rob Miller** earned the Tomcats' first win of the day at 133 lbs, defeating Colin Dennis, 11-10 ... Sophomore 141-pounder **Corey Brown** kept the positive momentum going for Thiel in downing the Purple Raiders' Chad Rhoades, 22-6, via technical fall in 5:12 ... Thiel is idle this week and return to action on Dec. 5 when they take part in the R.I.T. Invitational.

Washington & Jefferson Presidents (1-0, 0-0 PAC)



The Washington & Jefferson wrestling squad picked up its first victory of the 2009-10 season on Thursday, November 19, defeating Scranton University by a margin of 18-13 at the Long Center ... On Saturday, the team traveled to Massachusetts to compete at the Springfield College Doug Parker Invitational and finished 14th out of 18 teams with 47.5 points ... Sophomore 125-pounder **Zach Cecchetti** helped W&J defeat Scranton with a pin fall and paced the Presidents with a fifth place finish at Springfield, going 4-2 on the afternoon with three falls ... Freshman **Robbie Mies** and **Ty Sampsell** also finished strong on Saturday afternoon as the each picked up three victories ... W&J is idle until Friday, Nov. 4th, when hosting Penn State-DuBois at 8:00 pm at the Henry Memorial Center

Waynesburg Yellow Jackets (1-0, 0-0 PAC)



It was a busy Saturday for Waynesburg as they hosted Baldwin-Wallace, Messiah and York in a home quad-match. A depleted Yellow Jackets team missing three nationally recognized starters battled hard and managed to pick up a 22-21 win over Baldwin-Wallace and nearly downed a very solid Messiah Team, losing by just a single point (20-19) ... Junior 141-pounder **Nick Garber** and freshman 125-pounder **Alex Crown** led the Waynesburg charge by each going a perfect 3-0 on the day ... Both grapplers also won a pair of matches each with bonus points ... Garber won his sixth match of the year by fall by pinning Baldwin-Wallace's Danny Huffman in 47 seconds, while Crown earned his fourth win by technical fall on the season after dominating Messiah's Andrew Clark to the tune of an 18-1 win ... Both Garber and Crown also won a match by major decision.

Thiel Tomcats
2-2, 0-0 PAC

Wash. & Jeff. Presidents
1-0, 0-0 PAC

Waynesburg Yellow Jackets
1-0, 0-0 PAC

Nov. 7	<i>Baldwin-Wallace Duals</i>	
	vs. Lycoming	L, 9-29
	at Baldwin-Wallace	W, 25-12
	vs. Mount St. Joseph	W, 36-7
Nov. 14	at Wash. & Jeff. Open	Ind. only
Nov. 17	at Mount Union	L, 14-22
Dec. 5	at RIT Invitational	9 a.m.
Dec. 11	WAYNESBURG*	5 p.m.
Dec. 11	SETON HILL	5 p.m.
Jan. 9	at Case Western Reserve	1 p.m.
Jan. 15	at Lycoming	9 a.m.
Jan. 17	at Mount Union	9 a.m.
Jan. 23	at Eastern Michigan Duals	10 a.m.
Jan. 30	MEL BERRY DUALS	1 p.m.
Feb. 5	WASH. & JEFF.*	7 p.m.
Feb. 6	at Baldwin-Wallace	10 a.m.
Feb. 12	PAC Championships	5 p.m.
Feb. 20	at NCAA Midwest Reg.	9 a.m.
Mar. 5	at NCAA Championships	11 a.m.

Nov. 7	at Clarion Open	Ind. only
Nov. 13	WVU TECH	cld.
Nov. 14	WASH. & JEFF. OPEN	Ind. only
Nov. 19	at Scranton	W, 18-13
Nov. 21	at Springfield Invite	14th/18
Dec. 4	PENN ST.-DUBOIS	8 p.m.
Dec. 29	at Citrus Invitational	8 a.m.
Dec. 30	at Citrus Invitational	8 a.m.
Jan. 9	at Wash. and Lee Quad	12 p.m.
Jan. 16	at Wash. and Lee Invite	8 a.m.
Jan. 22	WAYNESBURG*	8 p.m.
Jan. 29	SETON HILL	8 p.m.
Feb. 5	at Thiel*	7 p.m.
Feb. 12	PAC Championships	5 p.m.
Feb. 20	at NCAA Midwest Reg.	9 a.m.
Mar. 5	at NCAA Championships	11 a.m.

Nov. 9	Messiah Invitational	3rd/9
Nov. 13	SHIPPENSBURG	W, 20-15
Nov. 14	at Wash. & Jeff. Open	Ind. only
Nov. 21	WAYNESBURG QUAD	Ind. only
Dec. 5	RIT Invitational	9:30 a.m.
Dec. 11	at Thiel*	5 p.m.
Dec. 11	vs. Seton Hill (at THI)	5 p.m.
Dec. 15	at Muskingum	7 p.m.
Dec. 18	APPRENTICE SCHOOL	7 p.m.
Jan. 9	Pitt Quad	10 a.m.
Jan. 13	at McDaniel	7 p.m.
Jan. 16	Wash. & Lee Invite	10 a.m.
Jan. 22	at Wash. & Jeff.*	7 p.m.
Jan. 23	PENN ST.-DUBOIS	6 p.m.
Jan. 30	at West Liberty State	7 p.m.
Feb. 3	at Gannon	7 p.m.
Feb. 6	at B-W Summa Tourney	10 a.m.
Feb. 12	PAC Championships	5 p.m.
Feb. 20	at NCAA Midwest Reg.	9 a.m.
Mar. 5	at NCAA Championships	11 a.m.