



CROSS COUNTRY 2004

Presidents' Athletic Conference

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LAST WEEK'S RESULTS - September 11

Thiel Invitational - Greenville, Pa.

Men (10 teams)

- 3. Westminster (83)
- 6. Waynesburg (148)
- 9. Thiel (258)

Women (12 teams)

- 3. Waynesburg (73)
- 4. Westminster (129)
- 6. Bethany (184)
- 7. Thiel (212)

Allegheny Invitational - Meadville, Pa.

Men (five teams)

- 3. Grove City

Women (seven teams)

- 1. Grove City

Washington & Jefferson - off

THIS WEEK'S SCHEDULE - September 17-18

Friday

Grove City at Malone Invitational - 5:30 p.m.

Saturday

Bethany at Marietta Invitational

Thiel at Notre Dame Invitational

Washington & Jefferson at IUP Invitational

Waynesburg at Pitt-Johnstown Invitational

Westminster at P. S.-Behrend Invitational

PAC Men's Cross Country Runner of the Week

CHRIS LEE

Grove City College

Senior

Pompton Plains, N.J./Trinity Christian H.S.

Lee placed fourth out of 43 runners at the Allegheny Invitational in Meadville, Pa., on Saturday with a time of 28:29.

Also nominated was freshman **Chris Diamond** of Westminster.

PAC Women's Cross Country Runner of the Week

ELISA PEDERSEN

Grove City College

Junior

Santa Rosa, Calif./Montgomery H.S.

Pedersen captured the individual title at the Allegheny Invitational in Meadville, Pa., on Saturday, posting a time of 23:21 to win by 21 seconds. She also led Grove City to the invitational team title.

Other nominees included freshman **Sarah Goho** of Bethany, freshman **Michelle Propst** of Waynesburg, and senior **Felicie Reid** of Westminster.

PAC CROSS COUNTRY NOTES

Bethany Bison

Both Grove City teams turned in noteworthy performances Saturday in Meadville ... The women's team won the 7-team Allegheny Invitational, giving first-year head coach **Sean Severson** his first crown as head coach ... Meanwhile, the men's team took third, just three points behind champion Allegheny ... Junior **Elisa Pedersen** won the women's race while sophomore **Cara Pierce** placed third ... **Rachael Smith** (8th), **Theresa Miller** (9th) and **Adrienne Sharp** (10th) all earned top 10 finishes ... On the men's side, senior **Chris Lee** finished fourth while sophomore **Andy Leuenberger** took seventh ... **Erik Johnson** (8th) and **Dan Chittick** (10th) also recorded top 10 finishes.

Wash. & Jeff. Presidents

The Washington & Jefferson men's and women's cross country teams did not compete this past week ... Both squads return to action on Saturday at the IUP Invitational at 11:00 am.

Grove City Wolverines

The defending PAC champions opened the 2004 season in Cleveland at the Case Western Reserve Bill Sudeck Classic ... **Chris Lee** led the Grove City men with a 15th-place finish while sophomore **Andy Leuenberger** took 28th ... Three Grove City women finished in the top 35, led by junior **Elisa Pedersen** in eighth ... Sophomore **Cara Pierce** took 22nd while freshman **Kylie Mackaness** finished 35th ... Grove City will compete in the Allegheny Invitational this weekend.

Waynesburg Yellow Jackets

The Waynesburg women's cross country team featured two runners in the top four to help propel the Yellow Jackets to a third place finish at the Thiel Tomcat Invitational ... Freshman **Michelle Propst** finished second overall in the invite with a time of 23:27, only 28 seconds behind the overall leader from Geneva ... Following 20 seconds behind Propst and behind another Geneva runner, was Jacket senior **Rachel Feldner** with a time of 23:58 to finish fourth ... As a team, Waynesburg (73) finished only behind Geneva (26) and Seton Hill (64) on the women's side ... The men's team placed sixth (148) overall ... **Heath Piper** led the men's team with a time of 28:22, followed by **Jack Haines'** time of 30:19.

Thiel Tomcats

Thiel College hosted the 21-team Thiel Invitational on Saturday ... Geneva College earned both men's (42 pts.) and women's (26 pts.) team titles, while **Jesse Bender** of Point Park (25:46) and **Dawn Sell** of Geneva (23:09) won individual championships ... Freshman **Ashlee Osterberg** led the Tomcat women's team with her 10th place finish (25:07), while junior **Dan Hemme** led the way with for the men's squad with his 28th place finish (30:28).

Westminster Titans

Westminster competed at the Thiel Invitational in Greenville ... The Titan men placed third out of 10 teams, while the Lady Titans were fourth in a 12-team field ... Freshman **Chris Diamond** was the top finisher for the Titan harriers, as he placed 11th in an 80-runner field with a time of 27:11 ... Diamond was followed closely by freshman **Nathan Mitchell** and senior **Marcus Corvino**, who placed 12th and 13th, respectively, with times of 27:42 and 27:43 ... For the Lady Titans, senior **Felicie Reid** led the squad by placing 14th out of 97 runners with a time of 25:29 ... Other women's finishers included freshman **Leanna Stitt** in 21st place in 26:16; sophomore **Kelly Spisak** in 28th place in 27:54; and sophomore **Amy Carroll** in 31st place in 28:13.

Past PAC Men's Runners of the Week

September 5: Matt Rudzki, Wash. & Jeff.

September 12: Chris Lee, Grove City

September 19:

September 26:

October 3:

October 10:

October 17:

Past PAC Women's Runners of the Week

September 5: Michelle Propst, Waynesburg

September 12: Elisa Pedersen, Grove City

September 19:

September 26:

October 3:

October 10:

October 17: